



Northants County Spring Racketball League 2017

In 2015 I organised the inaugural Northants County Spring Racketball League. Seven teams from six clubs played in a league over a ten-week period with positive feedback and enjoyed by all.

In 2016 there were eight teams which was played over 14 weeks (There were suggestions by some that this was too long as it shortened the amount of time for a proper Squash Summer League)

I have been asked to run a similar league again this year (depending on the number of teams entered we could play Two leagues of Four teams which would shorten the duration of the league and allow more time for the Summer League Squash any thoughts on this would be welcomed). With the Winter League in the final stages now would be a good time to let me know if you wish to enter a team.

Matches:

This year we will increase the number of matches to 4 Singles Matches and a Doubles Match. (Minimum of 5 players – any player other than the 1st string can play a singles and a doubles) Match nights are on a Wednesday each week and where possible please stick to this schedule. However, I don't want to be too rigid on this as it is meant to be a bit of fun. So, if there are genuine reasons why you can't play the match on a Wednesday please liaise with your opposite captain and arrange a mutually agreeable alternative night. Aim to get the matches started by 7.30. Home team to arranged food for after match hospitalities.

Scoring:

PAR to 15 for the singles and 2 clear points at 14-14

PAR to 15 for the doubles and 2 clear points at 14-14

Balls:

I recommend the Karakal black single yellow dot competition ball (seems to give a truer bounce) available at <http://www.directsportseshop.co.uk/dssport/squash/squash-balls/all-racketball-balls> (they are available at other sites as well – this is just one of the sites I tend to use)

Rules:

Pretty much the same as Squash with a few exceptions.

When serving you bounce the ball first then hit it anywhere on the front wall, it must then land inside the opposite service box. If the ball bounces short of the service line the receiver has the option to play the shot or make the server serve again. If the ball hits the back wall direct or via the sidewall without bouncing inside the service box first the receiver has the option to play the shot or make the server serve again. If the marker is asked to make a decision it will always be a LET unless the ball hits the player who has just played a shot in which case it will be a STROKE.



Below is an extract regarding Doubles taken from the England Squash & Racketball website:

RULES FOR DOUBLES

The RULES of DOUBLES are the same as for the SINGLES game with the following alterations:

SIDES:

Sides shall consist of two players each.

SERVER:

Each side shall nominate its SERVER for the whole of a particular game, in any match, with the alternative player serving in the second and, if played, the fourth game. In the final game (3rd or 5th) when the first side's score reaches "Seven", the server shall change, with each team.

RETURN OF SERVICE & SUBSEQUENT PLAY:

At the beginning of each game, each side shall designate one of its players to receive service in the right-hand service court and the other to receive service in the left-hand service court. Throughout the course of such game, the service must be received by the players so designated. Only the Receiver may be positioned in the service court opposite the Server's service court, at the point of impact of the service. Until the ball has been touched or has hit the floor twice, it may be struck at any number of times by either or both players on a side, in rotation (i.e. alternate shots – Player A serves, Player B returns service, Player C plays the next shot followed by Player D and then back to player A etc.)

If you would like to enter a team, please e-mail the following:

Name of Captain with contact phone number and email address.

A "Ranking List" of players within your team/club.

Send above information to : paul.norris@kingfishervideo.com

I am provisionally looking to start the league 1st or 2nd week in April but will confirm once I have team numbers and have prepared the match schedules.

I think I have covered everything but if I have missed something please feel free to contact me.

Regards ...

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